

Merci d'être là...
Thank you for being there ...

GuyLaine
XX



LONESOME

Choreographer: **GuyLaine Bourdages** gbourdages@hotmail.com

Music: Lonesome

By: **Doug Adkins**

Album: *Single*

Level: *Beginner, 32 counts 4 Walls, Intro : 16 counts*

- 1-8 (Basic Chacha to the right) RF to Right, LF rock Step Forward, Chassé to the left (LRL), RF Rock Step back**
1-3 RF to Right, Rock Step LF forward, Recover on RF
4&5 Chassé to Left (LF to Left, RF beside LF, LF to Left)
6-7 Rock Step RF Back, Recover on LF
- 9-16 Lock Step forward (RLR), LF Rock Step Forward, Triple Step (LRL), RF Rock Step Back**
8&1 (Lock Step forward RLR) RF Forward, Lock LF behind RF, LF forward)
2-3 Rock Step LF forward, Recover on RF
4&5 Triple Step On Place (LRL)
6-7 Rock Step RF Back, Recover on LF
- 17-24 Lock Step Forward (RLR), LF Step Turn 1/4R, Cross Shuffle (GDG), Side, Behind**
8&1 (Lock Step forward RLR) RF Forward, Lock LF behind RF, LF forward)
2-3 LF Forward, 1/4R transfer weight on RF (3H)
4&5 LF cross in front of RF, RF to Right, LF cross in front of RF
6-7 RF to Right, LF cross Behind RF
- 25-32 Chassé to the Right, (LF) Cross Rock Step , Chassé to The Left, Cross, Side Touch**
8&1 Chassé to Right (RF to Left, LF beside RF, RF to Right)
2-3 Rock Step LF cross in Front of RF, Recover on RF
4&5 Chassé to Left (LF to Left, RF beside LF, LF to Left)
6-7 RF cross in front of LF, LF to Left
8 Touch RF beside LF

Have Fun and Smileeee

www.guylainebourdages.com www.coachingdanse.com